

個人防護多注意

Protect Yourself at Work Use of Personal Protective Equipment (PPE)

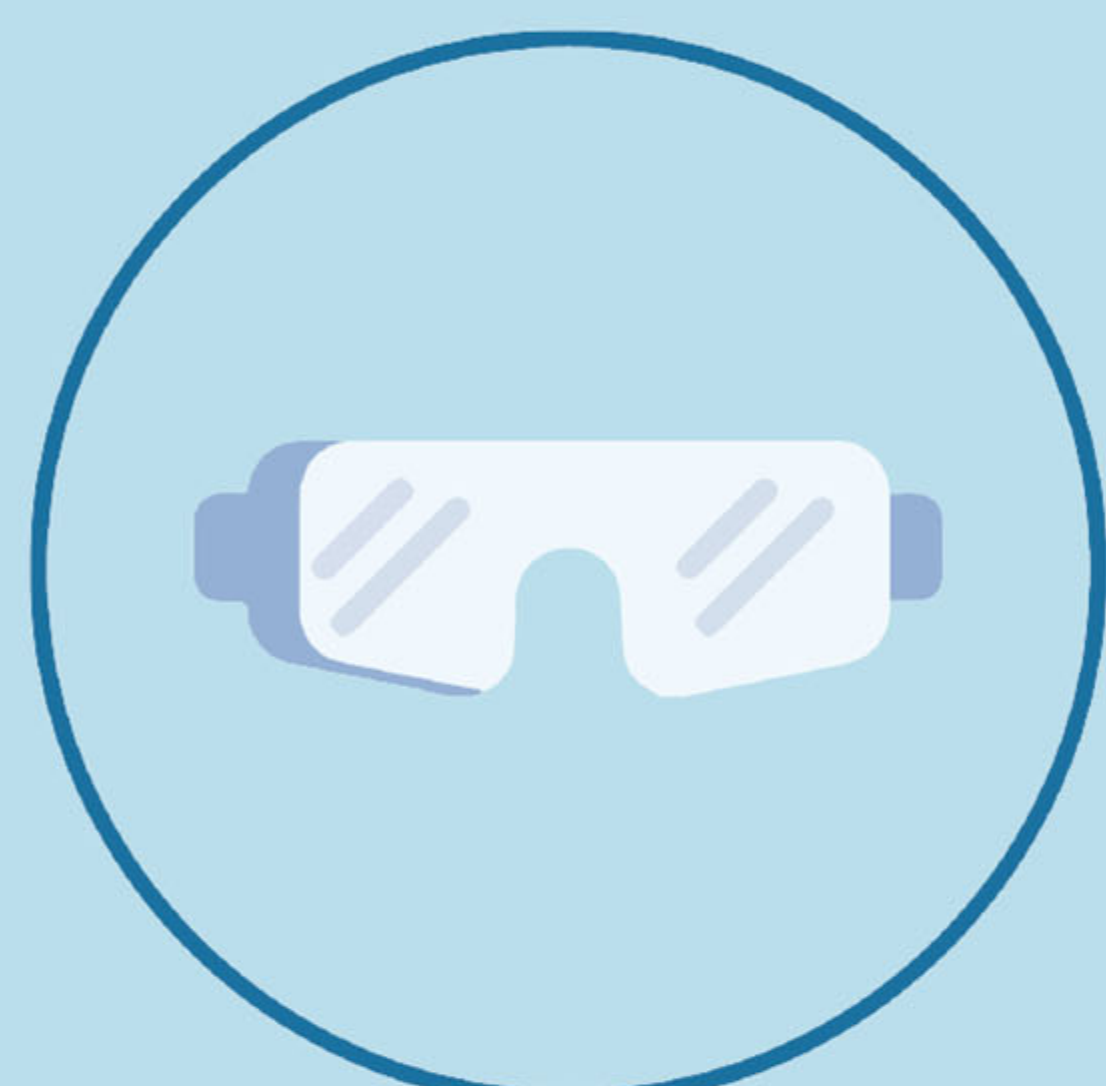
作業安全增保障



安全帽
Head Protection
Hard Hat



耳罩及耳塞
Hearing Protection
Earmuff or Ear Plug



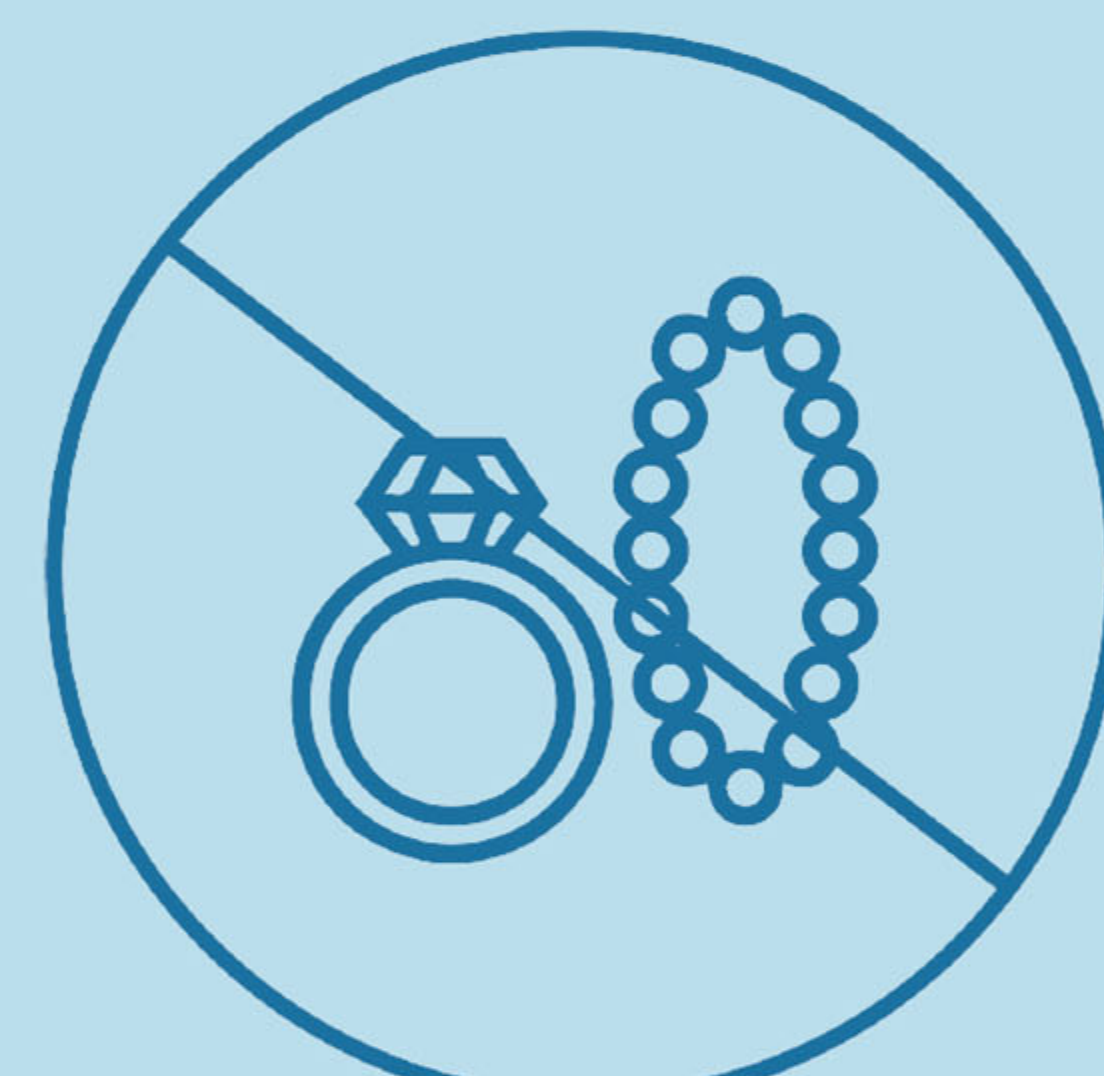
護目鏡
Eye Protection
Safety Glasses



呼吸防護具
Respiratory
Protection



反光背心
Reflective High
Visibility Vest



束好長髮、
不穿戴飾品
Tie your hair, do not
wear finger rings or
bracelets.



手套
Gloves



安全鞋
Safety Footwear



頤帶確實扣緊
Fasten your chinstrap



使用護目鏡
Wear Safety Glasses



有捲入之虞者 不可使用手套
Do not Use glove with rotating equipment

全身背負式安全帶

5 Steps to put on a Full Body Safety Harness

穿戴步驟示意圖



1 展開 Hold the back D-ring to untangle



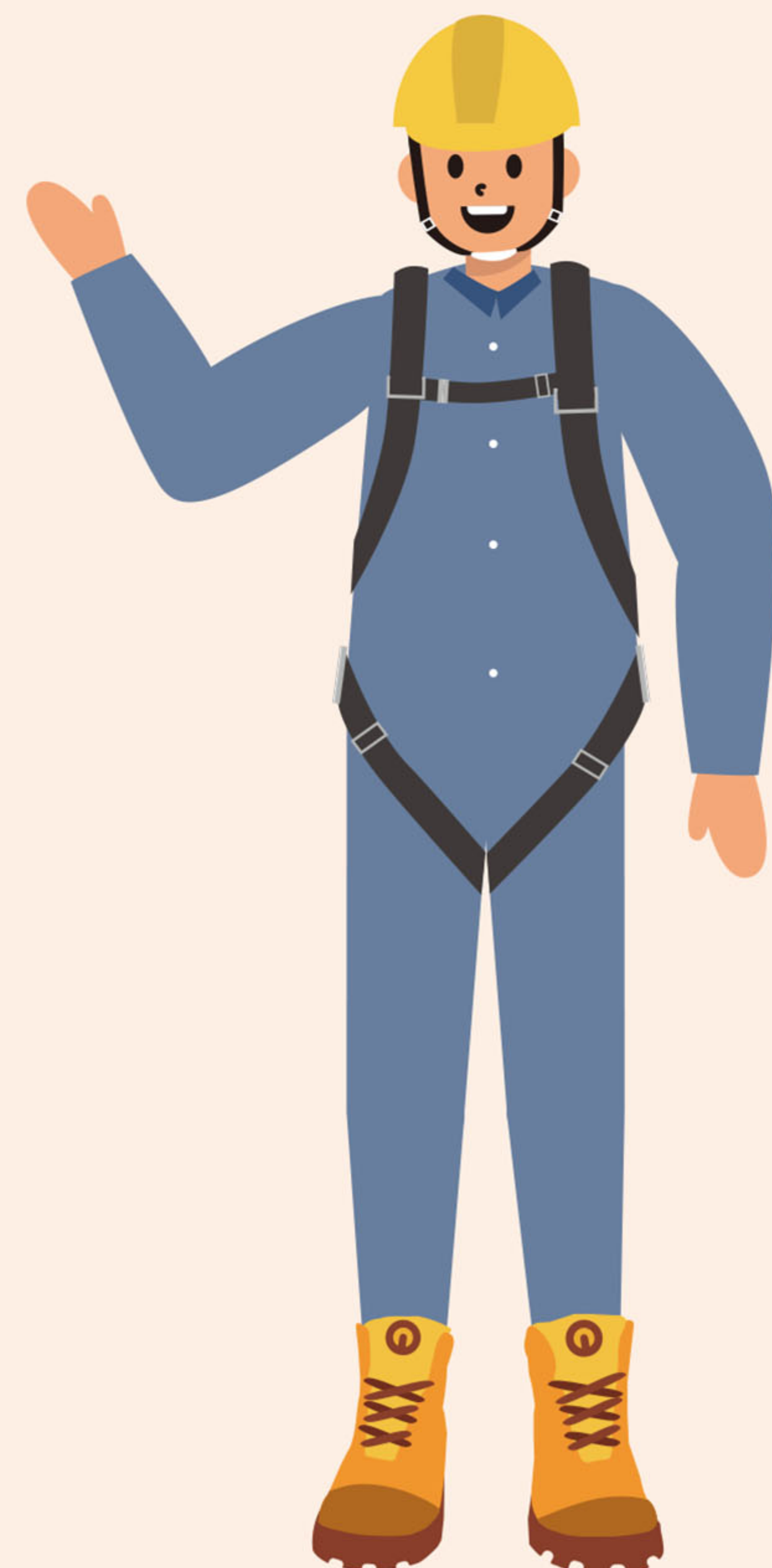
2 穿入 Slip straps over shoulder



3 胸扣 Put on Chest strap and fasten the buckle



4 臂腿扣 Put on Leg strap and fasten the buckle



5 完成 Finished and Ready to Work

注意事項：使用時，先展開確認帶體有無破損，且穿戴完成後，鬆緊度須合宜，不宜太過寬鬆，建議緊身至兩指幅寬。

Caution: Check the Straps of the full body harness are free from wear, tear and torn.

Fasten the straps evenly, not too tight or loose. You should be able to slide 2 fingers in.